

Il Poderone



Ciliegia

Welcome to Poderone! Tuscany is my most favorite place in the world. It was always my dream to create a little home for myself, my family and friends, and people like you!

I hope you enjoy your stay, and find useful these notes that I've compiled for your information. Please feel free to add anything you discover (you will find blank pages at the back of the book) – I would also appreciate you leaving a business card or information from the restaurants you've tried and recommend!

Have a wonderful time, and please don't forget to sign the Guest Book.

Il Poderone



Ciliegia

Address

Il Poderone, Casa Ciliegia

Via Amiatina 7a
58053 Roccalbegna Gr. / Triana
Italy

GPS 24°47,58'N; 11°32,95O

Important telephone numbers

Emergencies:

First Aid Assistance: 118

Fire Brigade: 115

Police: 112 / 113

Marzia (Superintendent):

Office: +39-0577-78.73.66

Mobile: +39-335-674.8329

Also in emergencies, she speaks a little English.

Serena (Agent for „To Tuscany“):

Office: +39-333-249.5106

Mobile: +39-334-398.1530

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Driving Directions

From Florence (about 150km):

Take the A1 South when driving from Florence. You are heading towards Rome until you get to the exit Firenze-Certosa.

Leave the A1 and drive on the SS to Siena. From here you follow the SS233 towards Grosseto. You exit at Paganico.

After you circle Paganico you head toward Arcidosso and continue driving for 34km's. After 34km's you are going towards Roccalbegna.

About 11km's later, on the right, you will see the entrance and parking place to the for Poderone.

If you've reached Triana, you've gone 1km too far!

From Pisa (about 220km):

If you are traveling from Pisa take the A12 in the direction of Rome. From Rossignano Maritima the highway changes to SS1 "Aurelia".

Keep driving until you reach the exit Grosseto "Centro" and from there continue in the direction of Scanzano.

After 6 km's go left in the direction of Arcille via Sabattina, Baccinello, Cana, Santa Catarina to Roccalbegna. Continue in the direction of Arcidosso .

1km later (behind the village of Triana) the road branches left and you will see the entrance to the parking place for Poderone.

From Rome (about 180km):

Folgen From the Leonardo Da Vinci Airport, follow the signs towards Rome.

After about 4km's you will branch off onto the A12 in the direction of Civita Vecchia. After Civat Vecchia, the highway becomes SS1 "Aurelia" which you will follow for about 24km's.

Immediately after Montalto di Castro the road turns a sharp right and becomes a country road (direction Manchiano).

This will bring you past to the villages of Ponte d'Abbadia, La Campigliola, Saturina, Cabanne and Semproniano until you get to Triana.

In Triana you come to a T-junction where you turn right to Arcidosso.

After about 1km , on the left, you will see the entrance of the parking for Poderone.

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Closest Airports

Rome (180km)

Florence (158km)

Pisa (220km)

Grosetto (45km, still in planning)

Available Services

Car Services from Airports

Car Rental from Airports and Grosetto

After Arrival

Please call 30 minutes prior to your arrival to set up a meeting point at the Poderone parking place. Once you have your key from the concierge, and settled in, you will be shown around the estate:

Eliane Cenelli:

Mobile: +39-329-177.0027

Check in and out times

„Ciliegia“ check in is Saturdays between 4 p.m. and 7 p.m. Please plan your departure for approximately 10 a.m. to enable the final house cleaning.

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About „Ciliegia“

Kitchen

All the appliances have instruction manuals which can be found next to the fireplace in the kitchen. All other accessories can be found near their appliances. For example, the oven pans are under the oven!

Please feel free to use and groceries you might find, like coffee or pasta!

Candles can be found in the drawer of the dining table.

Music / TV / Telephone / Internet

The living space is equipped with a television and stereo. The DVD player works for movies and CD's. The TV reception comes from a satellite dish and channels are pre-programmed. You can receive Italian, German, English and other international networks. Please don't attempt to make any changes

The stereo equipment has both indoor and outdoor speakers which you can control separately. If outdoors, please respect neighbors!

There is no landline telephone – please use your cell phones! Internet connection is in planning, but not yet installed. If you need an internet connection, a little computer store (not an internet café) in Castello del Piano is offering this kind of service. This store can be found in Piazza Rosa Carducci, close to the school.

Bathroom

Bathroom towels are available, but please bring your own beach and pool towels. Please do not take the bath towels to the beach or pool.

Of course, don't bring your hairdryer; you will find one in each bathroom!

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The Fireplaces

The fireplaces are located in the living room and master bedroom on the first floor. Only wood can be used. Wood can be found under each fireplace. If you need more wood, you can buy it in San Fiora. Please don't ever throw hot ash into plastic containers. The best way to dispose of ash, is to allow it to cool first for 24 hours and then remove it with the metal buckets next to the fireplace.

The Grill on the Veranda

The outside grill can be started with wood or grill coal. The grill utensils for fish and meat can be found in the oven drawer inside the house.

Laundry and Cleaning

A Miele washing machine and inbuilt tumble dryer is available for your use. It is located upstairs. There you will also find an iron and ironing board. House cleaning appliances and cleaning agents are found in the same place.

The house has been cleaned before your arrival. If your stay is for longer than a week, the cleaning lady will come on Saturdays and linens will be changed. If this is not to your approval, please inform the concierge to make changes.

Eliane Cenelli:

Mobile: +39-329-177.0027

Electricity Fuse Box

The electricity fuse box is located upstairs above the washing machine under a plastic cover. The fuses are automatic and you will need to flip the switch if it de-activates. Please be aware that the electricity will not fuse for no reason, and do not plug anything in that will overload the system. In case the electricity fails, the emergency lights will come on, so you can get tot the fuse box.

Heating

The house is centrally heated which is controlled by a thermostat. The control is located in the kitchen beside the door to the bedroom.

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Shopping

For grocery shopping and daily needs, there are many locations close by. Roccalbegna is the nearest village (4.5km's) A little marketplace "Tante-Emma-Laden" is close to the church where you'll also find a pharmacy, butcher and newsstand. In the summer, the newsstand has international newspapers, and one can use services like a fax machine.

Between Roccalbegna and Triana there is a wonderful Cheese Factory. You can see this from the street. The factory is called 'Casefi cio Il Fiorino' and specializes in producing the famous Pecorino, which you can taste while you're there!

If you want a bigger supermarket, you need to drive to the next towns Arcidosso and Castel del Piano (11km's) The best supermarket is the Co-Op in Arcidosso which is signposted. In the summer it is also open on Sunday mornings. [42°52,12N; 11°32,56O]).

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Other shopping

Selections of wines can be found at the Enoteca "Lora del Ghiotto" in Arcidosso, where you can do wine tastings too.

At the central Piazza Indipendenza, a newsstand offers daily international magazines. [24°52,29N; 11°32,35O]

Weekly markets also take place here.

In addition there is a post office and several ATM machines.

"Marcelleria Arezzini", a great and highly recommended butcher is also in Castel del Piano in the central Piazza Garibaldi. He specializes in "Costa Fiorentina" (very high quality steak from Tuscan cows!) which you can grill on the veranda of the house!

Marcelleria Arezzini – 8 Piazza Garibaldi, 53033 Castel Del Piano.

The factory outlet stores are also close by. There you will find brands like Prada, Gucci and others.

See below locations:

Between Florence and Rome:

Località Levannella S.S. 69
52025 Montevarchi (AR)
Tel.: 055-91901

Between Pisa and Genoa:

Via Variante Aurelia 96
19038 Sarzana (SP)
Tel.: 0187-62.71.90

Between Genoa und Milan:

S.S. 35bis dei Giovi
15069 Serravalle Scrivia (AL)
Tel.: 0143-68.62.98

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Gas Stations

The closest petrol stations are found in Santa Fiore and Arcidosso. There is also one at the entrance to Castel del Piano.

Restaurants

There are many wonderful restaurants in this region; each has its own character, and kitchen! It is difficult to recommend any one in particular, but depending on your taste, there are no limits!

An easy drive from Poderone you will find the following places:

“AIUOLE” – on the way to Arcidosso (on the San Fiore crossing) here their specialty is ‘Fiocchi di Neve’ - a delicious cheese pasta. (7km’s)

“LUCE SORGENTE” is a hotel/restaurant and can be found on the same crossing offering local cuisines and specialties. (7km’s)

“TAVERNA DELLE LOGGE” is in Castel del Piano and is located immediately after the arch in the historical old city. Our recommendations are the ‘Vino de Tavola’ (house wine) together with ‘Bistecca Fiorentina’ (grilled steak). This makes for a perfect evening! (11km’s)

“LA ROCCA” is a local pizzeria in nearby Roccalbegna. Also here is “LA PIETRA”. (4.5km’s).

More about dining

If you prefer to stay home, you may also have a chef come and cook for you. The chef will prepare typical meals of the region and will help you select particular meals and local ingredients. This service is available under [PHONE NUMBER].

You could also do a cooking course, where a local chef will introduce you to the regional menu and teach you some particular practices and recipes. You may book this service under [PHONE NUMBER].

Wine Tours (full day)

Brunello di Montalcino

Roccalbegna – Montalcino – Barbi (wine tasting & visit) – S. Antimo (visita) – S. Angelo In Colle (lunch) – Poggio Antico (wine tasting) – Roccalbegna

2 pax 270 €

Da 3 a 4 pax 90 € a pax

N.B. Nel caso di un gruppo con un bambino è possibile ospitare lo stesso in un quinto seggiolino senza costi aggiuntivi. La durata del tour è (comprensiva dei trasferimenti) 7 ore circa.

Tutti i tour sono effettuati con Volkswagen Sharan Confortline I pasti non sono compresi nel prezzo

www.tourscany.it

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Cities and surrounding villages

This particular region of Tuscany is called Maremma, while the more northern part is known as Chianti, Maremma is wilder and dates back thousands of years. It is not unusual to see cowboys in fedoras riding big sturdy maremmano horses herding long-horned bulls!

The nearby villages of Arcidosso and Castel del Piano are two typical Tuscan villages. They are easily reached by keeping left when you leave the Poderone parking place. Follow the signs. Both villages are lively and offer great restaurants, wines, weekly markets and postal services.

Roccalbegna is reached by keeping right out of the Poderone parking place. It is just 4kms away. Here you find little stores, the cheese factory, pharmacy and more.

In addition, there are many quaint Tuscan villages in the surrounding area. More information can be found later on in this manual "Sightseeing"

Bigger cities in the region are Grosseto (45km's west) Siena (90km's north) Florence (150km's north) and Rome (180km's south).

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Sightseeing/Day Trips

All kinds of activities can be found in close proximity to Poderone.

Wellness

Saturnia is 17km's away and is a natural spa region. The healing sulphurous hot springs, waterfalls and pools provide many activities to pamper yourself! The spa area offers a vast wellness program. Outside the hotel you will find the huge natural waterfalls and pools in the rock formation.

Hotel Luce Sorgente is another spa facility much closer to Poderone, It is much smaller, and only 8km's away.

'In-house' massage is available – call for appointments: [INFORMATION WILL FOLLOW].

Golf

Also in Saturnia (see Wellness) there is a wonderful 18 hole golf course.

Golf Club Maremmello is 40km's southwest – please call for tee-times and directions:

Golf Club Maremmello, Strada Visinale del Maremmello 6, in 58010 Fonteblanda (Gr), Tel.: 0564-88.62.17.

Meditation / Yoga

'Meditationszentrum Merigar' is a Buddhist yoga and meditation center only 4.5km's from Poderone. Keeping left out of the parking lot, you will reach the crossing and the Hotel Luce Sorgente. Here you turn left again. It is about 500m away.

They offer different kinds of yoga and spiritual technicalities. The center is built in a hilly landscape with Eastern architecture. More information can be found at www.dzogchen.it.

Fishing

The Albegna River is between Poderone and Roccalbegna. One can fish here without a permit. If you need equipment, like fishing rods or bait, you can find this at AGRICENTRO – an outdoors store in Arcidosso near Piazza Indipendenza.

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Horse Riding

Centro Equestre Ambasciador (4.5kms) – The Maremma is traditional 'horse country'. For this is the reason we are able to offer many Horse Riding excursions with accompanying instructors, for all levels, including beginners. Trips can be organized by contacting the center directly. (telephone number please!) When leaving Poderone, and keeping left out of the parking lot, head towards Arcidosso. Keep straight after the Hotel Luce Sorgente, you will find the horses 500m later.

Agriturismo Malograno is another horse riding center in Pitigliano, Tel: +39-0564-61.55.36.

Hiking

The Maremma is a fabulous hiking area, and paths can be found all over the district. Maremma Park is recommended and close to the sea. The "Monte Amiata" is a volcanic peak close by, and is great for the more energetic!

Skiing

Only 12kms away is Monte Amiata. It is a wonderful ski slope for downhill and cross-country skiing. It is 1800m high with 12 lifts! It is surprising how great the skiing is in the winter months.

Villages to visit

Montalcino, Pitigliano, Manciano, Porto San Stefano (on the island of Monte Argentario) and Pienza.

Beaches

The closest swimming beaches are 45km's away between Ortobello and Montalto.

Day Trips

Siena - Monteriggioni

Visita di Siena 3 ore
visita di Monteriggioni 30 min. € 320

Montepulciano - Pienza

Visita di Montepulciano 2 ore
visita di Pienza 1 ora € 320

Pranzo in osteria tipica disponibile a richiesta.

N.B. I day trips hanno un costo fisso a prescindere dalle persone partecipanti(max. 4 più un bambino).La durata dei tour è(comprensiva del trasferimento) di 6 ore circa.

Tutti i tour sono effettuati con Volkswagen Sharan Comfortline
I pasti non sono compresi nel prezzo

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Special events

5 January in Castel del Piano, The Epiphany, heralding the arrival of The Three Kings, is still performed by townspeople.

11 May in Ansedonia, a procession of gaily lit boats celebrates the findings of religious relics.

18 August in nearby Piancastagnaio, there is a traditional “palio” or horserace.

8 September in Castel del Piano, they also have a “Palio”. The race is run around the Piazza Garibaldi and the jockeys ride bareback!

But the biggest and most famous of all “PALIO” is run twice a year in Siena on 2 July and 16 August. It is run around the Piazza del Campo and the entire city is involved!

1 November is the “Feste delle Castagne” or Festival of Chestnuts! It celebrates dancing, eating and drinking! Most all villages surrounding the Monte Amiata have their own festivals.

Important notice

Sneakers or hiking boots should be worn around the countryside, and for any outdoor activities. Flip-flops are only appropriate for the pool. Please be aware of the tiny viper snake that is native to this area. It's bite will only cause dizziness, but medical attention is needed.
